

Preoperative Instructions

- No eating or drinking after midnight.
- You may expect a phone call the day before your procedure from our office to confirm the time of surgery.
- You will have ample time to meet your anesthesiologist to ask questions or share any concerns you may have the morning of surgery.
- Please plan to arrive promptly at the scheduled arrival time given by our office. This will allow adequate time for all necessary admission procedures.
- Please be prepared to list all medications you are currently taking. You may take all your regular morning medications the day of surgery, particularly heart and blood pressure medications. Ask the doctor if you require further clarification.
- Wear casual, loose-fitting clothing that can be easily removed and stored. Contact lenses, jewelry and piercings must be removed prior to surgery.
- Arrange for an adult to drive you home. For your own safety and protection you will not be allowed to drive after surgery.
- Individualized instructions for your particular surgery will be e-mailed to you prior to your surgery.